



# COUNTY OF MARATHON

## HEALTH DEPARTMENT

LAKEVIEW PROFESSIONAL PLAZA  
1200 LAKE VIEW DRIVE, RM 200  
WAUSAU, WI 54403-6797

TEL/TDD: (715) 261-1900  
FAX: (715) 261-1901  
[www.co.marathon.wi.us](http://www.co.marathon.wi.us)

Hnub tim 30, lub 4 hli 2009

Rau: Niamtxiv thiab Tsev Kawm Ntawv/Tsev Zov Menyuum Cov Neeg Ua Dej Num

Los Ntawm: Julie Willems Van Dijk RN PhD  
Marathon County Health Officer

Hais Txog: Swine Influenza Kab Mob Xov Xwm

Feem ntau peb sawv daws yeej tau hnov xov xwm txog kev kis kab mob ua yog cov kab mob swine flu uas tau tshwm sim rau hauv teb chaw Miskas, Mev teb, thiab lwm qhov chaw toob ntiaj teb. Tsoom fwm hauv xeev thiab hauv zos, nrog rau Wisconsin Department of Health Services (DHS), tau soj ntsuam xyuas txog qhov teeb meem no thiab tseem saib xyuas qhov teeb meem no zoo li zoo tau.

Tam sim no muaj tsib (tsis tau paub meej) roj teeb meem nyob rau hauv xeev Wisconsin; cov cheeb tsam xws li Adams, Ozaukee, thiab Sheboygan puas leej muaj teeb meem, thiab kuj muaj ob qho nyob rau hauv Milwaukee. Tsoom fwm hauv xeev tseem tau hais tias tseem yuav muaj ntau roj tshwm sim ob peb hnub tom ntej no ntxiv.

Cov kab mob Swine Influenza A yog ib yam kab mob tshiab uas tsis tau kis rau tib neeg duas, thiab zoo li kev kis yog los ntawm ib tug neeg-dhau-ib tug neeg. Zoo li cov kab mob Swine flu kis ib tug dhau ib tug thaum tus neeg mob hnoos lossis txham vim nws cov pa kis lawm. Cov kab mob tsis yog kis los ntawm koom noj xws li nqaij npuas lossis lwm yam koom uas siv nqaij npuas ua. Kev siv nqaij npuas ua noj tsis muaj teeb meem.

Tus yam ntxwv mob rau cov kab mob swine flu muaj ntsis zoo li tus yam ntxwv mob rau cov khaub thuas xws li ua npaws (kub tshaj 100 degrees F), nkees nkees, tsis qab los noj mov thiab hnoos. Ib txhia neeg uas mob cov kab mob swine flu tau qhia tias muaj lwm tus yam ntxwv ntxiv xws li los ntswg, mob caj pas, xeev siab, ntuav, thiab raws plab. Tej thaum cov kam mob no kuj kis mus ua kab mob ntsws txham dej. Raws li tau paub mas cov tshuaj xav kom tiv thaiv cov kab mob khaub thuas yuav tsis tiv thaiv cov kab mob swine flu.

Cov kev tseem ceeb tshaj plaws uas yuav tiv thaiv koj tsev neeg thiab koj tus menyuum yog nyob tsev, tsis txhob mus kawm ntawv lossis ua dej num yog koj muaj tus yam ntxwv rau cov kab mob swine flu thiab tiv tauj koj tus thaj maum txog kev soj ntsuam thiab kev pab. Peb kuj xav kom sawv daws xyaum tu cev xws li:

- npog qhov ncauj thaum hnoos thiab txham;
- ntxuav tes txhua zaus thaum hnoos, txham, thiab tshuab ntswg, thiab ua ntej yuav noj mov;
- tsis txhob kov qhov ntswg, qhov ncauj, thiab qhov muag; thiab
- muab tag nrho cov ntaub so ntswg uas kis lawm pov tseg.

Tsoom fwm nyob hauv cov health department hauv xeev thiab hauv zos koom tes nrog cov tuam tsev kawm ntawv kom sawv daws xyaum tu cev, soj ntsuam xyuas cov tub ntxhais kawm ntawv uas muaj mob, thiab kaw tsev kawm ntawv lossis tsev zov menyuum yog thaum muaj teeb meem tshwm sim txog kev kis kab mob hauv zos. Yog koj muaj lus nug, thov hu tuaj rau peb ntawm 261-1900 lossis 1-866-640-4106. Muaj xov xwm ntxiv nyob rau ntawm peb qhov website uas yog [www.co.marathon.wi.us](http://www.co.marathon.wi.us) lossis ntawm [www.cdc.gov/swineflu/](http://www.cdc.gov/swineflu/).