



COUNTY OF MARATHON

HEALTH DEPARTMENT

LAKEVIEW PROFESSIONAL PLAZA
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NOVEL H1N1 FLU (SWINE FLU) EXPOSURE NOTICE

May 28, 2009

Dear Parent or Guardian:

A 4th grade student at South Mountain School has been diagnosed with the Novel H1N1 Flu (Swine Flu). The student has returned to school and is no longer infectious; however, your child may have been exposed to the flu virus while at school between May 18th – May 20th and the morning of May 22nd.

The incubation period for the H1N1 Flu (Swine Flu) is 1 to 7 days. Influenza is spread primarily from person-to-person through coughing or sneezing. The symptoms of H1N1 Flu (Swine Flu) are similar to the regular seasonal influenza and include fever (greater than 100° F), cough, sore throat, head and/or body ache, and lethargy. If your child has any of these symptoms **keep your child at home** and call your personal physician. The best way to prevent influenza is to wash your hands often, cover your cough, eat well, get enough sleep, and reduce your stress.

A fact sheet on H1N1 Flu (Swine Flu) is attached. For more information, you or your physician may call the Marathon County Health Department at (715) 261-1900.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Klee Marx".

Ruth Klee Marx, B.S., M.S.
Epidemiologist/PHEP Coordinator