



# COUNTY OF MARATHON

## HEALTH DEPARTMENT

LAKEVIEW PROFESSIONAL PLAZA  
1200 LAKE VIEW DRIVE, RM 200  
WAUSAU, WI 54403-6797

TEL/TDD: (715) 261-1900  
FAX: (715) 261-1901  
[www.co.marathon.wi.us](http://www.co.marathon.wi.us)

### ***NOVEL H1N1 FLU (SWINE FLU) EXPOSURE NOTICE***

June 18, 2009

Dear Parent or Guardian:

Your child may have been exposed to the Novel H1N1 Flu (Swine Flu) while on a recent 8<sup>th</sup> grade trip to Washington DC and New York, June 10<sup>th</sup> – June 16<sup>th</sup>. A student on the trip has developed symptoms consistent with H1N1 influenza; we are awaiting laboratory confirmation of the diagnosis from the Wisconsin State Lab of Hygiene. The student is at home and will remain isolated until no longer infectious; however, your child may have been exposed between June 14<sup>th</sup> and June 16<sup>th</sup>.

The incubation period for the H1N1 Flu (Swine Flu) is 1 to 7 days. Influenza is spread primarily from person-to-person through coughing or sneezing. The symptoms of H1N1 Flu (Swine Flu) are similar to the regular seasonal influenza and include fever (greater than 100° F), cough, sore throat, head/body ache, and lethargy. If your child has any of these symptoms **keep your child at home** and call your personal physician. The best way to prevent influenza is to wash your hands often, cover your cough, eat well, get enough sleep, and reduce your stress.

A fact sheet on H1N1 Flu (Swine Flu) is attached. For more information, you or your physician may call the Marathon County Health Department at (715) 261-1900.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Klee Marx".

Ruth Klee Marx, B.S., M.S.  
Epidemiologist/PHEP Coordinator