



# COUNTY OF MARATHON

## HEALTH DEPARTMENT

LAKEVIEW PROFESSIONAL PLAZA  
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### ***NOVEL H1N1 FLU (SWINE FLU) EXPOSURE NOTICE***

June 22, 2009

Dear Parent or Guardian:

A student attending summer school at Hawthorn Hills School has been diagnosed with the Novel H1N1 Flu (Swine Flu). The student is at home and will return to school when no longer infectious; however, your child may have been exposed to the flu virus while at school between June 18<sup>th</sup> and June 19<sup>th</sup>.

The incubation period for the H1N1 Flu (Swine Flu) is 1 to 7 days. Influenza is spread primarily from person-to-person through coughing or sneezing. The symptoms of H1N1 Flu (Swine Flu) are similar to the regular seasonal influenza and include fever (greater than 100° F), cough, sore throat, head/body ache, and lethargy. If your child has any of these symptoms **keep your child at home** and call your personal physician. The best way to prevent influenza is to wash your hands often, cover your cough, eat well, get enough sleep, and reduce your stress.

A fact sheet on H1N1 Flu (Swine Flu) is attached. For more information, you or your physician may call the Marathon County Health Department at (715) 261-1900.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Klee Marx".

Ruth Klee Marx, B.S., M.S.  
Epidemiologist/PHEP Coordinator