



COUNTY OF MARATHON

HEALTH DEPARTMENT

LAKEVIEW PROFESSIONAL PLAZA
1200 LAKE VIEW DRIVE, RM 200
WAUSAU, WI 54403-6797

TEL/TDD: (715) 261-1900
FAX: (715) 261-1901
www.co.marathon.wi.us

NOVEL H1N1 FLU (SWINE FLU) EXPOSURE NOTICE

June 9, 2009

Dear Parent or Guardian:

A junior student at Wausau West High School has been diagnosed with the Novel H1N1 Flu (Swine Flu). The student is at home and will return to school when no longer infectious; however, your child may have been exposed to the flu virus while at school between June 3rd and June 4th.

The incubation period for the H1N1 Flu (Swine Flu) is 1 to 7 days. Influenza is spread primarily from person-to-person through coughing or sneezing. The symptoms of H1N1 Flu (Swine Flu) are similar to the regular seasonal influenza and include fever (greater than 100° F), cough, sore throat, head/body ache, and lethargy. If your child has any of these symptoms **keep your child at home** and call your personal physician. The best way to prevent influenza is to wash your hands often, cover your cough, eat well, get enough sleep, and reduce your stress.

A fact sheet on H1N1 Flu (Swine Flu) is attached. For more information, you or your physician may call the Marathon County Health Department at (715) 261-1900.

Sincerely,

A handwritten signature in cursive script that reads "Ruth Klee Marx".

Ruth Klee Marx, B.S., M.S.
Epidemiologist/PHEP Coordinator